

Identity - RE and PSHE

Aims

Identity 2 - Belonging and Believing

Activity description

Pupils will explore the ways in which religion and religious beliefs might help shape a person's identity.

Starter activity:

Using the [BBC Bitesize KS3 Religious Studies](#) materials, explore different examples of belonging from a range of religious and non-religious worldviews. You might like to find out about community worship, festivals, or the beliefs that unite a particular community of people. You could record your work as a fact file, a podcast, a vlog or a visual diagram. Remember to make clear links between beliefs/practices and the idea of community and belonging.

Main activity:

Take part in a Philosopher's Café (set up the classroom as a café – music, refreshments, etc.); discuss the ways in which community contributes to a person's sense of identity. Consider ways in which this can be seen beyond religion and belief (e.g. communities of people united in supporting a particular sports team or watching a particular TV show).

Extension activity:

Watch the film/lesson to the audio clips of Our Place and read the script to find out more about Beth, Josh and Ali's experience of community. What different types of community do they participate in? How does belonging to a community help them? How does it present them with challenges? How does this impact on their sense of identity? You could record this as characters' diary entries, producing 'emotions' artwork, hot-seating, role-playing, etc.

Time required:

60 minutes

Materials required:

Paper, pen, access to BBC Bitesize and Our Place film/audio clips and script.



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Additional resources:

[BBC Bitesize KS3 Religious Studies](#)

[BBC Bitesize KS3 PSHE and Citizenship: Personal Identity](#)

[British Red Cross Identity and Belonging Education Pack](#)

[Dove Self-Esteem Project](#)

[Equality and Human Rights Commission Education Resources: Identity and Characteristics](#)

[National Association of Teachers of RE \(NATRE\)](#)

[Positive Identities Service and Barnado's Resource Pack](#)

[PSHE Association](#)

[RE:Online](#)

[Stonewall Best Practice, Toolkit and Resources](#)

[The Linking Network Secondary Education Resources](#)

[TrueTube](#)

